

## Rindge Avenue Upper Campus After-School Clubs and Sports

Welcome to the Rindge Avenue Upper Campus After-School Clubs and Sports Program. We are pleased to offer some exciting opportunities for our students. All after school programs are scheduled from 3:00 - 4:00.

Students will have access to a late bus at 4:00 which they will need to sign up for right after school ends in the main office. Late buses do not run on early release days and may be canceled due to inclement weather.

The **RAUC Clubs and Sports Winter program** will begin on Tuesday, January 8<sup>th</sup> and end on Thursday, March 14<sup>th</sup>. Students can sign up for clubs by filling out the sign up slip located in the RAUC office.

### Tuesdays

Parkour with Blake in the Gym and outside Seeking a Thrill and a good work out? want to take risks and push yourself to your physical limits? Just Do Parkour! Please fill out the Parkour Permission slip to join.

Debate club with Ms. Marilyn in room 228 Join the newly formed Cambridge Middle School Debate team! After learning the skills of debate we will be competing with other Cambridge Middle Schools throughout the season (November-May).

Board & Card Game Club with Ms. Damiana in room 226 Play different types of board games and card games. Teach us games you've played at home and want to share with more people! Learn about games you've never played before!

### Girls' Basketball with Mr. Taylor - Gym

The Girls' Basketball team will complete in the upper school tournament on Wednesday, April 3rd at the CRLS War Memorial. Each student must fill out a CPSD Upper Schools Parent Consent and Medical Form, which will allow students to participate in all sports teams throughout the year. In accordance with state law, students and their parent/guardian must also complete an online concussion course.

### Wednesdays

Math Club with Ms. Sklar in room 226 Join the Mathletes! Where math is not a spectator sport! Whether you are looking for a challenge beyond the classroom or looking to improve your math skills, Mathletes is the club for you! We will tackle challenging problems, build confidence, and have a great time each month! ***They meet on Jan 16, 30, Feb 13, March 6 and 20.***

Dance Club with Ms. Motto in room 227 Want to practice your dance moves? In this club, you'll be able to recreate your favorite dances and work together to create your own! Beginning to advanced dancers welcomed.

Boys' Basketball with Mr. Taylor - Gym

The Basketball team will compete in the upper school tournament on Wednesday, April 3rd at the CRLS War Memorial. Each student must fill out a CPSD Upper Schools Parent Consent and Medical Form, which will allow students to participate in all sports teams throughout the year. In accordance with state law, students and their parent/guardian must also complete an online concussion course.

All City Orchestra, Band, and Chorus with Ms. Phillips at CRLS

This club will be held from 3:30-4:45. Students can take the school bus to CRLS to attend rehearsal. The All City is open to all middle school students who want to take their music skills even farther! Students are combined with all CPS students from across the district, and work towards a final concert. New Semester begins: January 30th and our final concert is April 10th. Students can check in with Mrs. Phillips if they have any questions.

## **Thursdays**

Model UN Club with Ms. Marilyn and Tufts University students in room 227

Do you have strong opinions about things? Do you like politics? Do you like learning new things? Join the Model United Nations! Learn about the world, hang out with fun people, and figure out how you can change the world! There will be some Saturday tournaments to compete with other schools.

Basketball Club with Mr. Saveriano in the Gym This club is open for anyone who wants to play basketball. This is a good opportunity to practice skills before the basketball season starts.

CitySprouts in room 201- *This club will begin on Feb 26th*

Do you love cooking shows? Have you ever wanted to be a food engineer, learning the science behind what makes great food? Join CitySprouts' Culinary Engineering club and design your own perfect sauce from start to finish. We'll learn about spiciness, texture, and what ingredients make for the best sauce.

Polar Bear Running Club with Mr. Suchy and Ms. Kupchunos meet in room 232

Do you love running? Do you love running outside no matter what the weather is? Would you like to train for and run in a race? Then join the "Polar Bear running club" and become the best runner you can be with the help and support of other runners like you.