

Go to:

<http://nfhslearn.com/?courseID=15000>

Click on Student and enter info requested (Sport, School)

Check “No, I do not want to receive emails”

Then click “finish”

Click “Order Course” under Concussion in Sports

Click on “myself”

Select “Massachusetts” and then click “Checkout”

Check the box next to “I agree...” and click continue.

In the top left, a paragraph will say:

Your order has been processed. A receipt is shown below, which includes a link to a print friendly version. To access your course(s) please [Click here](#).

Click on the blue “click here” link.

Click “Begin Course”

Close the box offering you a tour.

Underneath “My Active Courses” tab, click “Begin” at the left.

Watch videos and take the quiz at the end.

Watch the conclusion and do the quick evaluation.

Click “download certificate”. Print the certificate. It should look like the example on the back of this page.

If you do not have a printer at home, you can simply log in on any computer, including one at school, and print the certificate. You just need the login and password.

You need to do this every year that you want to play a sport for Cambridge Public Schools, through high school. If you remember your login and password, you can skip the whole

registration process. I recommend writing them on a piece of tape and putting it under your keyboard, or somewhere else safe.